



Dear Caregiver,

Thank you for contacting Baltimore City Health Department Division of Aging and Community Support, **National Family Caregiver Support Program** for assistance with your caregiving responsibilities for your loved ones.

The Division of Aging and Community Support is the primary program responsible for advocating for and delivering services to older adults, their families, and caregivers in the City of Baltimore.

Enclosed you will find the forms needed to process your request for caregiver assistance. Please review the packet, carefully complete all forms, and return them to our office as soon as possible. Please note that all applications are based on a first come, first served basis and the availability of funds.

The information contained in this application packet is legally privileged and confidential; it is intended for the use of this application only.

If you need assistance with your grant application or other services, please contact me at (410) 396-1337 or 443-615-6233; email: [jazmine.adams@baltimorecity.gov](mailto:jazmine.adams@baltimorecity.gov).

Sincerely,

*Jazmine Adams*

Jazmine Adams  
Program Assistant

**Division of Aging and Division and Community Support  
Baltimore City Health Department  
National Family Caregiver Support Program  
417 East Fayette Street, 6<sup>th</sup> Fl Baltimore, MD 21202  
Tel: 410-396-1337**

## **Family Caregiver Grant Requirements**

The National Family Caregiver Support Program (NFCSP) provides non-emergency and non-expedited financial assistance to caregivers to pay for respite or supplemental services. Grant funds may be paid directly to the caregiver, the care recipient or outside agency for respite or in-home services. The funds can be used to hire providers for respite services or to reimburse for out-of-pocket expenses related to your role as a caregiver. **This assistance is subject to availability of funds.**

### **Caregiver Grant Requirements:**

**All caregivers must complete a caregiver's assessment with the program social worker to screen for additional resources and potential problem areas.**

**Caregivers who are providing care to someone age 60 or older.** The care recipient must require assistance with at least two activities of daily living (ADLs). A medical doctor or medical practitioner must verify the care recipient's condition and indicate what ADLs the care recipient needs assistance with by completing the Medical Status Verification Form. The caregiver must be at least 18 years old, and the care recipient must be 60 or older. The caregiver and the care recipient do not have to be blood relatives.

**Grandparent or relative caregivers.** Grandparents or relative caregivers who are providing care to children that are 18 years old and younger, must be at least 55 years of age or older to take advantage of the NFCSP grant opportunity. Caregivers of children 18 years of age or younger do not have to provide a completed medical verification form.

**Caregivers providing care to a disabled person.** Caregivers must be at least 55 years of age providing care to a disabled individual age 18 - 59. A medical verification form is required and must be completed by a medical doctor or medical practitioner, indicating the care recipients' condition and ADLs requiring assistance.

### **Geographic requirements:**

- The care recipient must be a Baltimore City resident
- It is not required that the caregiver and the care recipient live in the same household. The geographic distance between the caregiver and the care recipient cannot exceed a 25-mile radius. If the caregiver and the care recipient do not live in the same household, a notarized letter must be provided stating the name of the primary caregiver.

**How to apply:** Call NFCSP at 410-396-1337 to obtain your application package or you may download one online at <https://health.baltimorecity.gov/family-caregivers-program>. Complete the Family Caregiver Grant Request and submit copies of receipts, invoices, or bills to accompany your reason for request. The care recipient's primary care physician must complete the Medical Status Verification Form.

The payee must complete a W-9 form before the request can be processed and the payment disbursed. **A copy of a Maryland State ID or a picture ID that verifies your age and a copy of your unaltered social security card must accompany all other requested paperwork, for both the caregiver and the care recipient. Processing time may take up to 90 days.**

Please forward all information to:

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National Family Caregiver Support Program  
417 East Fayette Street, 6<sup>th</sup> Fl Baltimore, MD 21202  
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**FAMILY CAREGIVER PROGRAM APPLICATION**

Date Received: \_\_\_\_\_

**Caregiver Information**

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Last First M.I.

Address: \_\_\_\_\_  
Street Address Apartment/Unit #

\_\_\_\_\_  
City State ZIP Code

Phone: \_\_\_\_\_ Email \_\_\_\_\_

Sex:  M  F  Other Date of Birth: \_\_\_\_\_ Social Security #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

What is the Caregiver's Relationship to the person being cared for? \_\_\_\_\_

Reason for Request: (Be Specific) \_\_\_\_\_

Caregivers Income:  Above \$ 1,073/month  At or Below \$ 1,073/month

Are you a paid caregiver? Yes  No

Caregivers Race (select all that apply):

- African American/Black  Asian/Asian American  
 Native American/Alaska Native  Native Hawaiian/Pacific Islander  White

Caregiver Ethnicity:  Hispanic/Latino  Non-Hispanic/Latino

**Information of Person Receiving Care**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ DOB: \_\_\_\_\_

\_\_\_\_\_

**Payee Information (person check will be mailed to)**

Payee's Name: \_\_\_\_\_

Payee's Address: \_\_\_\_\_

Payee's Contact #: \_\_\_\_\_

**Disclaimer and Signature**

*I certify that my answers are true and complete to the best of my knowledge. I understand that false or misleading information in my application will result in application denial.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**FAMILY CAREGIVE PROGRAM APPLICATION**

**MEDICAL STATUS VERIFICATION FORM TO BE COMPLETED BY A LICENSED PHYSICIAN**

Patient Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ DOB: \_\_\_\_\_  
\_\_\_\_\_  
City State Zip code

**STATEMENT OF MEDICAL CONDITION**

Please state the specific diagnosis of illness/injury of the above-named individual.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**ACTIVITIES OF DAILY LIVING (ADL'S) ASSISTANCE: (REQUIRED)**

Please describe what type of assistance the above-named individual requires.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PHYSICIAN'S INFORMATION:**

Please provide a handwritten signature when completing this form

\_\_\_\_\_  
Name of Licensed Physician (Printed) Signature of Licensed Physician

\_\_\_\_\_  
Phone Number Mailing Address (Please include city state and zip code)

\_\_\_\_\_  
Physician License Number Date Completed

If you have questions regarding this request, please contact Jazmine Adams at  
410-396-1337; email: jazmine.adams@baltimorecity.gov





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**THE FOLLOWING ITEMS MUST BE SENT WITH THE COMPLETED APPLICATION:**

- \_\_\_\_\_ **W-9 form.** The W-9 form is to be completed by the payee listed on the application.
- \_\_\_\_\_ **Receipts/invoices/bills and completed log.** Please send in receipts or bills for what you have purchased or professional estimates for what you plan to purchase. Receipts for food are not acceptable unless it is for nutritional supplements. Example: Boost, Ensure, etc. A receipt/invoice/bill log must also be completed describing and listing the amount of each receipt, invoice, or bill submitted.
- \_\_\_\_\_ **Medical status verification form** completed by a medical doctor (ADLs must be listed)
- \_\_\_\_\_ **A copy of a photo identification card and the Social Security card** for both the caregiver and the care recipient.

**PLEASE DO NOT FAX APPLICATION PACKET OR REQUIRED DOCUMENTS.  
FAXED APPLICATIONS WILL NOT BE ACCEPTED.**

**PLEASE MAIL APPLICATION TO THE FAMILY CAREGIVER PROGRAM  
AT THE ABOVE ADDRESS**

If you need additional information, please contact M. Jazmine Adams at 410-396-1337 at the National Family Caregiver Support Program



## **EXAMPLES OF ACCEPTABLE REIMBURSEMENTS OR REQUESTS**

### **Medical**

- Prescription/Over the Counter Medication
- Doctor/Hospital bills
- Medical supplies (gloves, syringes, incontinence products, etc.)

### **Nutritional Supplement**

- Glucerna
- Ensure or Boost
- Supligen

### **Household Repairs**

**Household Bills** (please note we will not provide financial assistance if you have a turn off notice or if the amount due is 2-3x's greater than the grant amount)

### **Clothing for care recipient or caregiver**

### **Bedding**

- Mattresses
- Bed Frame
- Mattress Cover

### **Household Appliances**

- Washer
- Dryer
- Stove
- Refrigerator
- Microwave
- Television

### **Housing Cost**

- Rent
- Mortgage

### **School Supplies**

### **Cleaning Supplies**

### **Respite**

- Adult/child day care cost
- Summer camp fees
- After school programs
- Outside provider reimbursement